

MACMILLAN FINANCIAL

JOHN MACMILLAN, CRFA, CLTC, CSA

P.O. Box 66

ANNANDALE, NJ, 08801

T: (908) 236-7500

F: (908) 236-7511

WWW.SENIORSBOOMERS.COM



**SENIORS/BOOMERS
NEWSLETTER**

"THE RETIREMENT EXPERTS"

February 2008

MARKET SNAPSHOT

How do you spend your LAT|L|T Y?

According to recent research done by Morgan Stanley (a financial services company), over the past 10 trading days (Feb 1-10), 2% of the S&P 500 index returned to the levels of 2005. This is the first time since 2001 that the S&P 500 index has retraced 20% of its peak. The last time this occurred was in 2001, when the index fell 20% from its peak in late 2000. We had only 1 such occurrence. Morgan Stanley's analyst says that a good news is that the market is still a buy and hold. The analyst says that the market is still a buy and hold.

Are we in recession, or not? It seems like one needs a capillary action to be able to see the economy faces a very serious downturn. The economy is down 2% year to date. The economy is down 2% year to date. The economy is down 2% year to date.

The economic situation is probably not better than the 2nd quarter of the year. The way companies are reacting is a clear indication that they need more time. The economic situation is probably not better than the 2nd quarter of the year.

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WHAT TO DO NOW:

1) Stay away from financials and the consumer discretionary sectors. Health care is usually a good defensive bet, HOWEVER, I'd stay away from that sector too because of potential changes following the November election.

2) Going into cash in a volatile market is usually pretty easy. The trick is to know when to get back in. Stay the course and buy quality issues for cheap and then be patient. Waiting on the sidelines, with cash, for the good news to appear usually means that you'll be re-joining the party after midnight.

3) Look for large cap dividend paying companies, with strong exposure to overseas markets.

4) If you've experienced 10-15% drift in your asset allocations, this would be a good time to look at rebalancing your portfolio. Remember a seven to ten asset class portfolio provides great returns with the least volatility.

5) If you're nervous about buying a new stock that you like, and wonder what the market might do next, consider dollar cost averaging into that position over a 3-4 week period.

6) Sir John Templeton, founder of the Templeton family of funds, was asked when was the best time to get into the market. His answer..."when you have money".

Generating Income With Preferred Stocks

Bonds aren't the only way you can generate income. Stocks are also options as well. So stocks, any way you look at it, as preferred stocks.

Preferred stocks are a class of securities that pay a fixed amount of money to the holder. They are often used as a way to raise capital for a company without diluting the ownership of the company. They are also used as a way to provide income to investors.

So, so even if you see a preferred stock offer as a potential yield, it's a good idea to consider the company's financial health and its ability to pay dividends.

depends on the company's preferred stock dividend rate. The company's debt burden also depends on the company's condition (of course, no one expects a recession).

Preferred stock may also be a good way to generate income. It's because preferred stock is a secured dividend. It's also paid before dividends on common stock. And, any preferred stock is a good bet for a 5% dividend yield (preferred stock is issued by a company in a non-secured way, so it's not a good bet).

So, if you're looking for a potential yield and potential growth, preferred stocks are a good option. They are also a good way to diversify your portfolio.

Please be a careful investor. Preferred stock offers a potential yield of 6% or more. An investor generally buys a preferred stock when they are looking for a steady income. They are also used as a way to provide income to investors.

As a result, a preferred stock is a good way to generate income. It's also a good way to diversify your portfolio. Preferred stocks are also used as a way to provide income to investors. They are also used as a way to provide income to investors.

How do you find preferred stock? The same place you find common stock. The same place you find common stock. The same place you find common stock. The same place you find common stock.

Call me or complete the attached reply coupon to request some additional information.

Are you underestimating your retirement health-care expenses?

... and each year, you need to go down the list of expenses, not necessarily in order of each category.

Medical expenses and copayments, and any coinsurance you need. According to a March 2007 report by the boards of trustees of the Retirement Income (RI) and Supplemental Medical Insurance (SMI) funds, Medicare's spending will be expected to increase in years soon after the passage of the new law, and the new prescription drug benefit will increase the cost of Medicare's expenses, which will be a proportion of the cost of the benefit.

As a result, Medicare's payments for deductibles, coinsurance and assistance costs will increase — both before and after you personally receive your assets. You will need to keep and have a budget for Medicare benefits directly from the Social Security Administration, the pension and the other sources of income. No one has a \$2,000 "contingency" asset.

As a result, you are facing a cost of your retirement plan can be a significant advantage — so it's a good idea to do some advance planning.

How do you need? According to the Pew Research Center (Pew), and a 2007 survey of 55- to 70-year-olds, the average retiree needs \$3,000 of monthly payments and/or out-of-pocket expenses. The average retiree at age 80 has a total of \$10,000 in assets. The Social Security Administration (SSA) also suggests that the average retiree's out-of-pocket expenses will increase about 1 percent annually.

So the average retiree's savings account (SAs) could be an option, because they are not subject to

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But the average retiree's savings account (SAs) could be an option, because they are not subject to the same restrictions as a 401(k) or IRA. According to a recent study by the Social Security Administration (SSA), the average retiree's out-of-pocket expenses will increase about 1 percent annually. The average retiree at age 80 has a total of \$10,000 in assets. The SSA also suggests that the average retiree's out-of-pocket expenses will increase about 1 percent annually.

Are you concerned about your retirement health-care needs? It would be a good idea to send your retirement savings account information to a professional advisor. You can also pay for your retirement health-care financing options. Proper planning and discipline, you could accumulate enough money to pay for your retirement health-care expenses. The average retiree at age 80 has a total of \$10,000 in assets. The SSA also suggests that the average retiree's out-of-pocket expenses will increase about 1 percent annually.

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I have many clients ask about electronic transmission of my monthly newsletter. If you would prefer to receive your copy by e-mail, send me a message @ john@seniorsboomers.com and on the subject line, type "via e-mail"

If you have family or friends that might enjoy my articles, feel free to pass them on.